Nicole L. Moreira, MA, DCR

828 E. 4th St, Apt. 400, Port Angeles, WA 98362 | (202) 550-4175 | moreiran@spu.edu

|  |
| --- |
| **E D U C A T I O N A N D L I C E N S U R E**  |

**Doctor of Philosophy in Clinical Psychology** Anticipated June 2025

*Seattle Pacific University, Seattle, WA*

Supervisor: Keyne C. Law, PhD.

**Master of Science, Psychological Science** Anticipated June 2022

*Seattle Pacific University, Seattle, WA*

Supervisor: Keyne C. Law, PhD

Master’s Research Project Topic: Suicide While Locked Up in Texas: A Forensic Model of Suicide Risk in Custody

**Master of Arts, Forensic Psychology** August 2014 – August 2017

*The George Washington University, Washington, DC*

**Bachelor of Arts, Double Major, Psychology and Anthropology** January 2011 – June 2013

*University of Washington, Seattle, WA*

**Freshman through Junior Year, Biology major and German minor** August 2001 – May 2004

*University of Hawai’i at Manoa, Honolulu, HI*

**Mental Health Professional (MHP) designation**  Status earned January 2020

Washington State Department of Health

**Agency Affiliated Counselor (ACA) #CG 60826643** Active since January 2018

Washington State Department of Health

|  |
| --- |
| **S C H O L A R S H I P S & A W A R D S** |

* 2021: Peninsula Behavioral Health Employee Scholarship. (Funded: $5,000)
* 2020-2024: SPU Clinical Psychology Scholarship. (Funded $20,000/5,000 for four years), SPU Clinical Psychology Program
* 2001-2004, Western Undergraduate Exchange Scholarship, (Funded $40,000/10,000 for four years, University of Hawai’i at Manoa.
* 2019, Special Effort Award, Peninsula Behavioral Health Employee Annual Meeting
* Congress Bundestag Scholarship semi-finalist, U.S. State Department, 2001
* Everyday Hero Award, Kiwanis Key Club, Port Angeles, WA, 2001

|  |
| --- |
| **C L I N I C A L L Y R E L E V A N T E X P E R I E N C E** |

**Designated Crisis Responder (DCR)**  2020 – Present

*King County (2020) and Peninsula Behavioral Health, Port Angeles, WA (present)*

(Current Supervisor: Monica Vanderheiden, LMHC)

* Provide mobile crisis intervention and stabilization services.
* Perform ITA investigations, evaluations, monitoring and petitioning of least restrictive orders/agreements (LRO/LRAs). This includes attending ITA court and testifying about detained individuals and their case.
* Provide crisis case management and brief therapy and exhaust least restrictive options.
* Facilitate authorization and extensions for hospitalizations.
* Provide screening and triage services by telephone and face to face.
* Provide support to other agency clinicians, medical providers and law enforcement in the form of consultation and assistance with joint outreach.

**Graduate Student Clinical Interviewer** December 2020 – Present

*Clinical Research in Self-Injury and Suicide (CRISIS) Lab – Seattle, WA*

(Supervisor: Keyne C. Law, PhD)

*Frontline Professionals COVID-19 study*

* Conducting semi-structured interviews for frontline healthcare providers during the COVID-19 pandemic
* Administering the Self-Injurious Thoughts and Behaviors (Long Form; SITBI-LF) to interview participants
* Providing a Crisis Response Plan intervention for all interview participants

*Parenting During COVID study* February 2020 – June 2020

(Supervisor: Dr. Jenny Lee Vaydich, PhD)

* Conducting semi-structured interviews to parents to investigate their experiences during the COVID-19 pandemic

**Adult Outpatient Therapist** May 2018 – August 2020

*Peninsula Behavioral Health – Port Angeles, WA*

(Supervisor: Kelly Cook, LICSW)

* Provide intake assessments including psychosocial histories, identification of co- occurring disorders, history of treatment, identification of strengths and supports, risk assessment, and diagnostic formulations.
* Provide evidenced-based psychotherapy and develop individualized treatment plans with documentation of problems, needs, desired outcomes, and therapeutic goals which are measurable, observable, and realistically achievable.
* Lead and co-lead a 22-week DBT course (Supervised by DBT therapist Emma Jane Watson, M.Ed., LICSW)
* Provide case management services to promote recovery and community reintegration.
* Communicate with hospital personnel to facilitate discharge of clients and return to community.
* Special Effort Award, Peninsula Behavioral Health Annual Dinner Meeting, 2019

**Forensic Mental Health Clinician** January 2018 – May 2018

*Sound Mental Health**– Seattle, W***A**

(Supervisor, Marissa Waite, SW)

* Provided a full range of case management services to forensically involved adult clients.
* Developed and revised comprehensive treatment plans with long- and short-term goals based on level of functioning, outcome measures and client needs.
* Coordinated care which includes assessment at hospitals, jails and community outreach.
* Taught problem-solving, goal-setting, social skills, communication skills, money management and accessing community resources.
* Provided counseling, individual treatment services and family involvement as necessary.
* Provided crisis intervention services as necessary.
* Provided reports of treatment adherence to probation and court as required.

**Externship site for GWU forensic psychology graduate program** Feb 2017 – August 2017

*St. Elizabeth’s Hospital – Washington, DC*

* Facilitated Gardening Group in the on-campus greenhouse.
* Supervised Computer Lab Group for patients with the privileges. This required monitoring of content that was being used and often diffusing arguments between patients.
* Helped volunteers and staff with dog therapy groups in each unit of the hospital.
* Assisted staff with the annual summer picnic that included community members, patients and staff family members.

|  |
| --- |
| **S E R V I C E E X P E R I E N C E**  |

**Court Appointment Special Advocate (CASA)** July 2013 – September 2013

*CASA of DC, – Washington, DC*

* Advocate for child in foster care with extraordinary needs and spend quality time one on one
* Provide the court with reports updating on the child’s progress, needs and any concerns
* Attend cross-team consultations with child’s providers and case workers

**Teaching Assistant, (Language Arts, 5th & 6th Periods)** October 2013 – August 2014

*Seattle Juvenile Detention Facility, Seattle, WA*

* Edited and reviewed writing assignments for incarcerated student of Seattle Public School District
* Tutored on spelling, grammar and reading comprehension
* Helped students formulate ideas for creative writing assignments

|  |
| --- |
| **R E S E A R C H E X P E R I E N C E**  |

**Seattle Pacific University Mentored Students, CRISIS Lab, Qualitative Coding Team:**

Love Lee

Alera Hearne

Sharon Yi

**CPY Graduate Research Assistant to Director of Research** September 2020 – June 2021

*Seattle Pacific University – Seattle, WA*

* Helped maintain CRISIS Lab website and social media posting
* Coordinated Qualtrics surveys and email correspondence with study participants for longitudinal research study on mental health and suicide risk of healthcare workers with COVID-19 patients
* Managed data for Qualitative research projects in the lab and co-lead Qualitative Team.

**Research Assistant to Jay P. Singh, PhD, Global Forensic Institute of Research (GFIR)** 2015 – 2016

*Great Falls, VA*

* Collected data nationwide on continuing legal education (CLE) requirements for lawyers that relate to forensic psychology and research to help implement courses such as PCL-R Training by Dr. Robert Hare.

## **Data Analyst (Paid Internship)**, **Bentley Whaley Flessner** Summer 2015

*Washington, D.C.*

* Analyzed data collected over 2 years regarding nonprofit infrastructure and practices.
* Established a set of benchmarks to inform the development of recommendations in future client engagements.
* Developed a report of benchmarks by sector and institution type.
* Developed a system to support continued data collection and analysis that enables efficient reporting.

## **Data Analyst (Paid Temp Position), American Institute For Research** 2015

*Washington, D.C.*

* Analyzed and cleaned data on public school assessment exams for Washington State.

## **Research Assistant, Dr. Samantha Yard, SAFERR STUDY** September 2012 – October 2013

*University Of Washington,**SEATTLE, WA*

* Assisted Dr. Samantha Yard in collecting data for dissertation at University of Washington.
* Listened to recordings of open-ended interviews of female inmates from Kent Correctional Facility as they discuss sexual relationships, drug use, and criminal history
* Coded interview data
* Coded individual data as a group to check reliability, and finalized codes for data entry
* Entered finalized codes into ATLAS database

## **Research Assistant, Behavioral Research Treatment Center, Dr. Marsha Linehan, PhD, *CARES Study***

## *University of Washington, Seattle, WA* January 2012 – September 2013

* Video Recorded And Coded Sessions Of Group Supportive Therapy (Non-Treatment Condition) And Dialectical Behavioral Therapy Sessions. Clients Were Teens That Met Criteria For Borderline Personality Disorder And Recently Attempted Suicide.
* Responsible for tracking of session notes, assessment packets, and DBT homework
* Maintaining, replicating and updating of DBT manual for staff, clients and therapists
* Recruitment efforts in collaboration with Seattle Children’s Hospital. This required contacting doctors, therapists and public outreach coordinators to advertise the study and get patient referrals
* Data entry into SPSS and Excel. Cleaning and auditing of entered data.
* Attended weekly seminars about DBT and research methods
* Completed HIPAA training and Human Subjects Training

## **Research Assistant, Dr. Janxin Leu Lab, Faces And Feelings Study** March 2011 – June 2012

## *University of Washington, Seattle, WA*

* Assisted on Faces and Feelings, a study which examined cultural differences in Asian populations with regards to interpreting facial expressions.
* Coded open-ended essay data
* Organized study materials (collating and randomizing surveys/questionnaires)
* Programmed study questions into MediaLab for participants to take the questionnaire in a computer lab.
* Recruited subjects in person and supplied paper questionnaires along with computer-based test format. Subject running in the field and in the lab.
* Entered data into SPSS and Excel
* Conducted literature reviews on social and personality psychology topics
* Presented research findings at annual UW Undergraduate Symposium

|  |
| --- |
| **R E V I E W E R E X P E R I E N C E** |

2021: International Journal of Environmental Research and Public Health, mentored reviewer

|  |
| --- |
| **T R A I N I N G S A N D W O R K S H O P S** |

* November, 2021 & September, 2019: Crisis Prevention Institute (CPI) Training, 16 hours
* July, 2021: Forensic Autopsy Training, American Association Suicidology July 2021
* March 2021: Psychological Evaluation Training, Bill Foote, PhD, ABPP, 4 hours
* April, 2020: Crisis Response Planning for Suicidal Patients, Craig J. Bryan, PsyD, ABPP
* September, 2020, Mental Health First Aid, 8 hours, Peninsula College
* August, 2020: Cognitive Behavioral Therapy, 24 hours, PESI
* May, 2020: Dialectical Behavioral Therapy, 16 hours, Peninsula Behavioral Health
* October, 2019: Motivational Interviewing, 24 hours, Institute for Individual & Organization Change (IFIOC)
* October, 2015: Family court reporting and testimony training, 40 hours, CASA of DC

|  |
| --- |
| **P R O F E S S I O N A L A F F I L I A T I O N S** |

* Association of Behavioral and Cognitive Therapies – Student Member, 2021 – Present
* American Psychological Association (APA) Graduate Student Affiliate, January 2016 – present
* American Psychology-Law Society (AP-LS), Student Membership, January 2021 – present
* International Association for Correctional and Forensic Psychology (IACFP), Student Member, 2021- present
* Seattle Pacific University Chapter of Psi Chi, 2021 – present
* American Association Suicidology, Associate Member, 2020-2021

|  |
| --- |
| **G R A N T A P P L I C A T I O N S** |

2019: Dickinson Fellowship. (Not Funded: $8,000), SPU Clinical Psychology Program.

|  |
| --- |
| **P U B L I C A T I O N S (10)** |

\* Indicates peer-reviewed proceeding

Marks, R., **Moreira, N**., Law, K.C., (2020) The History, Ethics and Current State of Suicide. Policy in America’s Correctional System. Behavioral Therapist. (43)8, 335-338. \*

**Moreira, N**., O’Connell, K.L., Wee, J.Y., Lin, Y.C., Marks, R.B., Jacobson, S.V., Hassler, M., Layton, J.L., O’Boyle, M., Hashimoto, K.H., Ton, A.T., & Knight, J., Law, K.C. (Under Review) A Qualitative Examination of Mental Health needs and Managing Suicide Risk in COVID-19 Frontline Medical Professionals. \*

Law, K.C., Wee, J.W., O’Connell, K.L., **Moreira, N**., Preston, O., Rogers., M.L. & Anestis, J.C. (In Preparation). The role of traumatic brain injury symptoms on suicidal ideation and perceived likelihood of a future suicide attempt. \*

O’Connell, K.L., Hassler, M., **Moreira, N**., Barnette, B., Gilbert, A., Widman, C., & Law, K.C. (In Preparation) The Association Between Help-seeking Means and Outcomes for 9-1-1 Suicide-Related Calls. \*

Marks, R.B., & **Moreira, N**., Love, L., Hearne, A.R., Law, K.C. (In Preparation). Suicide while locked up in Texas: A forensic model of suicide risk by nature of offense and recency of custody.

Vaydich, J. L., Anderson, E. K., O’Connell, K., **Moreira, N**., Deonier, C. F. (under review). Parenting in the time of the COVID-19 pandemic: A qualitative account of parents’ stressors, concerns, and experiences.

**Moreira, N**., (2021) Schizoid Personality Disorder: Signs, Symptoms & Treatments.

Choosing Therapy. https://www.choosingtherapy.com/schizoid-personality-disorder/

**Moreira, N**., (2021) Schizotypal Personality Disorder: Signs, Symptoms & Treatments.

Choosing Therapy. https://www.choosingtherapy.com/schizotypal-personality-disorder/

**Moreira, N**., (2020) Antisocial Personality Disorder: Signs, Symptoms & Treatments.

Choosing Therapy. https://www.choosingtherapy.com/antisocial-personality-disorder/

**Moreira, N**., (2020) Conduct Disorder: Signs, Symptoms & Treatments.

Choosing Therapy. https://www.choosingtherapy.com/conduct-disorder/

|  |
| --- |
| **C O N F E R E N C E P R E S E N T A T I O N S (9)** |

1. Marks, R.B., Lee, L., **Moreira, N.,** & Law, K.C. (2022, March). Suicide prevention policy and best-practice adherence in Washington State jails. Data blitz accepted for presentation presented at the annual American Psychological-Law Society’s conference, Denver, CO.
2. **Moreira, N**., Marks, R.B., M.S., Hearne, A.R., Law, K.C., (2022, March) Deportation, Marginalization and Isolation: A Qualitative Study of Suicide Deaths in ICE Custody. Poster accepted for presentation at the 2022 AP-LS Conference, Denver, Colorado.
3. **Moreira, N**., O’Connell, K.L., Marks, R.B., Law, K.C. (2021, November) Women Locked up in Texas: Predicting Suicide Risk by Custody Type and Nature of Offense. Poster accepted for presentation at the 2021 American Behavioral Cognitive Therapist Conference, Virtual Conference.
4. Law, K. C., Wee, J. Y., O’Connell, K. L., **Moreira, N.**, Preston, O. C., Rogers, M. L., Anestis, J. (2021, November) The Multifinality Of Traumatic Brain Injury: Suicide Risk Associated With Symptom Clusters. Poster accepted for presentation at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.
5. Marks, R. B., Lin, Y.-C., **Moreira, N**., O'Connell, K. L., & Law, K. C. (2021, November). The role of liability considerations in mental health clinicians' treatment of suicidal patients. Poster accepted for presentation at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual Conference.
6. Law, K.C., **Moreira, N**., O’Connell, K.L., Wee, J.W.,  Lin, Y.-C., Marks, R.B., Jacobson, S.V., Hassler, M., O’Boyle, M., Layton, J.L., Hashimoto, K., Ton, A.T., Knight, J. (2021, October) A Qualitative Examination of Mental Health Needs and Managing Suicide Risk in Frontline Medical Professionals During the COVID-19 Pandemic. Poster accepted for presentation at the IASR/AFSP International Summit on Suicide Research, Barcelona, Spain.
7. **Moreira, N**., O’Connell, K.L., Marks, R.B., Law, K.C. (2021, May) Women Locked up in Texas: Predicting Suicide Risk by Custody Type and Nature of Offense. Paper accepted for presentation at the SPFC Research Conference, Virtual Conference.
8. Marks, R.B., & **Moreira, N.** (2021, April). Suicide while locked up in Texas: A forensic model of suicide risk by nature of offense and recency of custody. Paper presented at the 54th Annual meeting of the American Association of Suicidology, Orlando, FL.
9. **Stephens (Moreira), N.**, Cho, Y., Leu, J. (2012, May). Emotion recognition and the influence of culture. Poster presentation at The University of Washington Undergraduate Research Symposium, SEATTLE, WA.