Samantha Jacobson

Seattle, WA • (508) 259-2637 • jacobsons2@spu.edu

|  |
| --- |
| **Education** |

Ph.D. Clinical Psychology Anticipated 2024

*Seattle Pacific University*

M.S. Psychological Science Anticipated 2021

*Seattle Pacific University*

B.A. Psychology 2019

*Seattle Pacific University*

* Magna Cum Laude

|  |
| --- |
| **Awards & Honors**  |

Philip Ashton Award 29 May 2019

*Seattle Pacific University, Seattle, WA*

* Considered the highest honor bestowed by the psychology department, recognizes scholarship, potential for contribution to the field of psychology, as well as university and community service

Psi Chi 2018

*Seattle Pacific University, Seattle, WA*

* International honor’s society in psychology

Undergraduate President’s List 2017 ­– 2018

*Seattle Pacific University, Seattle, WA*

* Maintaining a 4.0 GPA for the entirety of the academic year

Undergraduate Dean’s List: All quarters 2017 – 2019

*Seattle Pacific University, Seattle, WA*

* Maintaining a minimum of a 3.5 GPA

|  |
| --- |
| **Clinical Experience**  |

OCD Intensive Outpatient Program Practicum Student Aug. 2020 - present

Supervisor: Dr. Anna Villavicencio

*Seattle Children’s Hospital, Seattle, WA*

* Group and individual therapy utilizing evidence-based exposure therapies
* Clinical writing: session and progress notes
* Weekly grand rounds
* Case management

COVID-19 Frontline Healthcare Provider Interviewer April 2020 - present

Supervisor: Dr. Keyne C. Law

*Clinical Research in Self-Injury & Suicide (CRISIS) Lab*

*Seattle Pacific University, Seattle, WA*

* Clinical assessment (Self Injurious Thoughts and Behaviors Interview)
* Individualized Crisis Response Planning intervention

Unified Protocol Treatment Group Therapist January 2020 – present

Supervisor: Dr. Thane Erickson

*Seattle Pacific University, Seattle, WA*

* Co-facilitating 12-week therapy groups using the Unified Protocol for transdiagnostic treatment of emotional disorders (Barlow et al., 2011)

Graduate Research Assistant 2019 – present

Supervisor: Dr. Thane Erickson

*Seattle Pacific University, Seattle, WA*

* Strengths in Treatment of Anxiety and Depression using the Unified Protocol (STAND-UP)
* Psychodiagnostic assessment (ADIS-5, Hamilton Rating Scale for Depression, Hamilton Anxiety Scale)
* Writing assessment report and presenting case to research team

Psychiatry and Behavioral Medicine Unit Undergraduate Intern

*Seattle Children’s Hospital, Seattle, WA* 2018

* Shadowing a Pediatric Mental Health Assistant and assisting with daily activities
* Leading emotion regulation, mindfulness, distress tolerance, and coping skills groups
* Maintaining confidentiality and safety protocol while observing and participating in day to day function of a child inpatient psychiatric unit
* Charting patient behaviors, affect, and activity in official charting system

|  |
| --- |
| **Research Experience** |

Graduate Research Assistant

*Seattle Pacific University, Seattle, WA* 2019 – present

Supervisor: Dr. Thane Erickson

* STAND-UP treatment study Qualtrics coordination
* STAND-UP treatment study data collection
* Various academic writing projects using archival data

Lead Research Assistant (undergraduate)

*Seattle Pacific University, Seattle, WA* 2018 – 2019

Supervisor: Dr. Michael D. Roe

* Developmental psychology study of images of aging and life satisfaction in independently living older adults, and a study on character strengths and vocation in emerging adults
* Responsibilities include, but are not limited to:
	+ Proposing research questions
	+ Drafting IRB proposals and ethical protocols
	+ Conducting informational meetings with perspective participants
	+ Data collection
	+ Data analysis
	+ Conducting relevant library research and literature reviews
	+ Creating and presenting research posters

Research Assistant (undergraduate)

*Seattle Pacific University, Seattle, WA* 2018

Supervisor: Dr. Michael D. Roe

* Developmental psychology research team under Dr. Michael D. Roe; a study of the image of aging in late adulthood, and character strengths and sense of calling in college students
* Data collection, data cleaning, and analysis
* Creating and presenting research posters

|  |
| --- |
| **Poster Presentations (9)** |

Marks, R., Lin, Y. C., Gu, J., Wee, J., **Jacobson, S.V.,** & Law, K. C. (2020, November). *Non-Suicidal Self Injury*

 *in Asian Americans: Shame as a Potential Moderator*. Poster presented at the conference of the Association for Behavioral and Cognitive Therapies.

Lin, Y.C., Marks, R., Gu, J., Wee, J., **Jacobson, S.V.,** & Law, K.C. (2020, November). *Thwarted Belongingness,*

 *Perceived Burdensomeness, and Suicide Ideation Among Asian Americans: A Study of Shame as a Mediator.* Poster presented at the conference of the Association for Behavioral and Cognitive Therapies.

Erickson, T. M., **Jacobson, S. V.,** Banning, R., Reas, H., & Quach, C. (2020, June). *Interpersonal Goals Amplify*

*Effects of Neuroticism on Hair Cortisol*. Poster presented at the conference of the Society for Interpersonal Theory and Research, Seattle, WA. (Conference canceled)

Erickson, T. M., **Jacobson, S. V**., Banning, R., Stebbins, O. L. & Carpenter, T. (2020, March). *Implicit and*

*Explicit Anxiety Differentially Predict Social Processes in Daily Life.* Poster presented at the conference of the Anxiety and Depression Association of America, San Antonio, TX. (Conference canceled)

**Jacobson, S. V.**, DeVere, J., Grigg, M., Logue, M., Scarbrough, L., and Roe, M. D. (2019, May). *Stability of Moral Traits (Justice and Humanity) in Emerging Adults: A longitudinal study.* Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.

**Jacobson, S. V.**, DeVere, J., Grigg, M., Logue, M., Scarbrough, L., and Roe, M. D. (2019, May). *Character prospection and spirituality in emerging adults: A longitudinal study*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.

**Jacobson, S. V.**, Grigg, M. R., Isenberg, N., Logue, M. A., Tanzy, K. S., Weinbeck, N., & Roe, M. D. (2019, May). *Predictors of Quality of Life in Independently Living Older Adults; A Quantitative Replication of Weinstock & Bond (2018)*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.

**Jacobson, S. V.**, Grigg, M. R., Isenberg, N., Logue, M. A., Tanzy, K. S., Weinbeck, N., & Roe, M. D. (2019, May). *Images of aging and positive affect in independently living older adults: An update​*. Poster session at the SPFC Annual Research Conference, Seattle Pacific University, Seattle, WA.

O’Brien, D., Anderson, J., Grigg, M., **Jacobson, S.**, Isenberg, N., Tanzy, K., Van Baak, N., Weinbeck, N., Roe,

M. D. (2018, May). *Images of aging, well-being, and life satisfaction among independently living older adults.* Poster session at the School of Psychology, Family, and Community Research Conference, Seattle Pacific University, Washington.

|  |
| --- |
| **Manuscripts in Preparation (2)** |

Erickson, T. M., **Jacobson, S. V.**, Banning, R. L., & Quach, C. (manuscript in preparation). *Interpersonal Goals Amplify Effects of Neuroticism on Hair Cortisol*

**Jacobson, S. V.,** Inabata, R., & Erickson, T. M. (manuscript in preparation). *Moral Valence as a Mediator of Obsessive-Compulsive and Mood Disorder Symptoms*

|  |
| --- |
| **Teaching Experience** |

Guest Lecture: “Introduction to Qualtrics” 6 May 2018

*Seattle Pacific University, Seattle, WA*

* 80-minute guest lecture to 23 students in PSY 3388: Research Methods
* Lecture materials included a PowerPoint presentation about survey research using Qualtrics, tutorial and demonstration using Qualtrics, and structured in-class activity
* Teaching evaluation by Dr. Michael D. Roe, Professor Emeritus of Psychology, available upon request

Teaching Assistant

Dr. Leland Saunders, Associate Professor of Philosophy

*Seattle Pacific University, Seattle, WA*  2018

* Responsible for three classes (PHI 1001, 2222, and 3651)
* Grading quizzes and exams, entering results into SPU’s grading system, statistical analysis on exams

Answering student emails and questions regarding course and syllabus

|  |
| --- |
| **Academic/Professional Service** |

Clinical Psychology Program Prospective Student Day Panelist 11 November 2020

*Seattle Pacific University, Seattle, WA*

Suicide Risk Assessment Workshop 30 October 2020

*Erickson Lab, Seattle Pacific University, Seattle, WA*

* Overview of evidence based best practices in suicide risk assessment and safety planning
* Proposal for new suicide risk assessment protocol for the lab

Ad Hoc Journal Review June 2020

*Psychological Assessment*

Clinical Psychology Interview Day Roundtable Student Interviewer 23 February 2020

*Seattle Pacific University, Seattle, WA*

* Assisted Dr. Erickson with roundtable interview sessions
* Answered prospective student questions

Student Interview Team Member 21 February 2019

*Seattle Pacific University, Seattle, WA*

* Team of 10 undergraduate students selected to help interview candidates for developmental psychology professor position

Psi Chi Research and Internship Panelist 28 January 2019

*Seattle Pacific University, Seattle, WA*

* Discussing research and internship opportunities in the undergraduate psychology department
* Answering student questions about my own internship and research experience

|  |
| --- |
| **Professional Training** |

Understanding and Treating Non-Suicidal Self-Injury 3 August 2020

*Dr. Barent Walsh*

* 3-hour training about the assessment and treatment of individuals who self-injure, as well as clinician self-care and burnout

Crisis Response Planning for Suicidal Patients

*Dr. Craig Bryan* 17 April 2020

* 2-hour training on crisis response planning techniques for individuals with suicide risk

|  |
| --- |
| **Related Volunteer Experience** |

Diversity Mentor Sep. 2020 - present

* One-on-one mentoring of first year graduate student
* Mentor training

Shared Breakfast Volunteer

*First United Methodist Church, Seattle, WA* 2018 – 2020

* Serving a hot breakfast to individuals experiencing homelessness; we average 300 meals each Sunday
* Connecting people to resources and shelters at their request
* Identifying and deescalating potential conflict

|  |
| --- |
| **Professional Memberships**  |

Psi Chi International Honor’s Society in Psychology 2018

|  |
| --- |
| **Certifications** |

FERPA Training 2018

NIH Protecting Human Research Participants 2017