‍Nicole ‍L. ‍Moreira, M.A.  
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CURRICULUM VITAE

# Education

## DOCTOR OF PHILOSOPHY | SEPT. 2020 – PRESENT | SEATTLE PACIFIC UNIVERSITY | SEATTLE, WA

* First Year Doctoral Student of Clinical Psychology

## MASTER OF ARTS | AUGUST 2014-MAY 2017 | GEORGE WASHINGTON UNIVERSITY | WASHINGTON, D.C.

* Forensic Psychology

## BACHELOR OF ARTS | JANUARY 2011-JUNE 2013 | UNIVERSITY OF WASHINGTON | SEATTLE, WA

* Double Major in Anthropology & Psychology

## UNIVERSITY OF HAWAII AT MANOA | AUG. 2001-MAY 2004 | HONOLULU, HI

* Biology major, minor in German

# Publications *\*indicates peer-reviewed proceedings*

# *\**Marks, R., Moreira, N., Law, K.C., (TBD) The History, Ethics and Current State of Suicide. Policy in America’s Correctional System. *Behavioral Therapist* TBD

# Moreira, N., (2020) Antisocial Personality Disorder: Signs, Symptoms & Treatments.

# *Choosing Therapy*. <https://www.choosingtherapy.com/antisocial-personality-disorder/>

# Moreira, N., (2020) Conduct Disorder: Signs, Symptoms & Treatments.

# *Choosing Therapy*. https://www.choosingtherapy.com/conduct-disorder/

# Presentations

LEU, J. & **STEPHENS, N.** (2012, MAY). *EMOTION RECOGNITION AND THE INFLUENCE OF CULTURE*. POSTER PRESENTATION AT THE University of Washington Undergraduate Research Symposium, SEATTLE, WA.

# Awards, Scholarships & Honors

* + Seattle Pacific University Clinical Psychology Scholarship, 2020-2024

(20,000 dollars over 4 years, Merit Based)

* + Special Effort Award, Peninsula Behavioral Health Annual Dinner Meeting, 2019
  + Dean’s List, UW College of Arts & Sciences, 2011-2013
  + Western Undergraduate Exchange Scholarship, University of Hawaii at Manoa, (40,000 dollars over 4 years) 2001-2005

* + Everyday Hero Award, Kiwanis Club Port Angeles, WA, 2001
  + Congress Bundestag Scholarship semi-finalist, U.S. State Department, 2001

# Research Experience

## RESEARCH ASSISTANT | GLOBAL FORENSIC INSTITUTE OF RESEARCH| JAY P. SINGH, PHD, GREAT FALLS, VA | 2016

* + Collected data nationwide on continuing legal education requirements for lawyers

that relate to forensic psychology and research.

## DATA COLLECTION ANALYST (PAID INTERNSHIP) | BENTLEY WHALEY FLESSNER, WASHINGTON, D.C. | SUMMER 2015

* + Analyzed data collected over 2 years regarding nonprofit infrastructure and practices.
  + Established a set of benchmarks to inform the development of recommendations in future client engagements.
  + Developed a report of benchmarks by sector and institution type.
  + Developed a system to support continued data collection and analysis that enables efficient reporting.

## DATA ANALYST (PAID TEMP POSITION) | AMERICAN INSTITUTE FOR RESEARCH, WASHINGTON, D.C. | 2015

## Analyzed and cleaned data on public school assessment exams.

## RESEARCH ASSISTANT | DR. JANE SIMONI HEALTH PSYCHOLOGY LAB, *SAFERR STUDY*, SEATTLE, WA| SEPTEMBER 2012 TO OCTOBER 2013

* + Assisted Dr. Samantha Yard in collecting data for dissertation at University of Washington.
  + Listened to recordings of open-ended interviews of female inmates from Kent Correctional Facility as they discuss sexual relationships, drug use, and criminal history
  + Coded interview data
  + Coded individual data as a group to check reliability, and finalized codes for data entry
  + Entered finalized codes into ATLAS database

## RESEARCH ASSISTANT | BEHAVIORAL RESEARCH TREATMENT CENTER, DR. MARSHA LINEHAN, *CARES STUDY*/RANDOMIZED CLINICAL TRIAL, SEATTLE, WA | JANUARY 2012 TO SEPTEMBER 2013

* Video recorded and coded sessions of Group Supportive Therapy (non-treatment condition) and Dialectical Behavioral Therapy sessions. Clients were teens that met criteria for Borderline Personality Disorder and recently attempted suicide.
  + Responsible for tracking of session notes, assessment packets, and DBT homework
  + Maintaining, replicating and updating of DBT manual for staff, clients and therapists
  + Recruitment efforts in collaboration with Seattle Children’s Hospital. This required contacting doctors, therapists and public outreach coordinators to advertise the study and get patient referrals
  + Data entry into SPSS and Excel. Cleaning and auditing of entered data.
  + Attended weekly seminars about DBT and research methods
  + Completed HIPAA training and Human Subjects Training

**RESEARCH ASSISTANT** | **DR. JANXIN LEU LAB/*FACES AND FEELINGS STUDY***, **SEATTLE, WA | MARCH 2011 TO JUNE 2012**

* Assisted on *Faces and Feelings*, a study which examined cultural differences in Asian populations with regards to interpreting facial expressions.
  + Coded open-ended essay data
  + Organized study materials (collating and randomizing surveys/questionnaires)
  + Programmed study questions into MediaLab for participants to take the questionnaire in a computer lab.
  + Recruited subjects in person and supplied paper questionnaires along with computer-based test format. Subject running in the field and in the lab.
  + Entered data into SPSS and Excel
  + Conducted literature reviews on social and personality psychology topics
  + Presented research findings at annual UW Undergraduate Symposium

# Clinical Experience

## DESIGNATED CRISIS RESPONDER | PENINSULA BEHAVIORAL HEALTH, PORT ANGELES, WA | SEPTEMBER – PRESENT

* + Provide mobile crisis intervention and stabilization services.
  + Perform ITA investigations, evaluations, monitoring and petitioning of LRA/LROs.
  + Provide crisis case management and brief therapy.
  + Facilitate authorization and extensions for hospitalizations.
  + Provide screening and triage services by telephone and face to face.
  + Provide support to other agency clinicians, medical providers and law enforcement in the form of consultation and assistance with joint outreach.

## MENTAL HEALTH THERAPIST | PENINSULA BEHAVIORAL HEALTH, PORT ANGELES, WA | MAY 2018 – AUGUST

* + Provide intake assessments including psychosocial histories, identification of co- occurring disorders, history of treatment, identification of strengths and supports, risk assessment, and diagnostic formulations.
  + Develop individualized treatment plans with documentation of problems, needs, desired outcomes, and therapeutic goals which are measurable, observable, and realistically achievable.
  + Provides individual and group psychotherapy as appropriate for caseload.
  + Provide case management services to promote recovery and community reintegration.
  + Communicate with hospital personnel to facilitate discharge of clients and return to community.

## FORENSIC MENTAL HEALTH CLINICIAN | SOUND, SEATTLE, WA | JAN 2018 –

## MAY 2018

* + Provided a full range of case management services to forensically involved adult clients.
  + Developed and revised comprehensive treatment plans with long- and short-term goals based on level of functioning, outcome measures and client needs.
  + Coordinated care which includes assessment at hospitals, jails and community outreach.
  + Taught problem-solving, goal-setting, social skills, communication skills, money management and accessing community resources.
  + Provided counseling, individual treatment services and family involvement as necessary.
  + Provided crisis intervention services as necessary.

## GROUP TREATMENT FACILITATOR, GRADUATE SCHOOL EXTERNSHIP SITE | ST

**ELIZABETH’S HOSPITAL, WASHINGTON D.C. | FEBRUARY 2017 TO AUGUST 2017 (250 HOURS)**

* + Facilitated Gardening Group in the on-campus greenhouse
  + Supervised Computer Lab Group for patients with the privileges. This required monitoring of content that was being used and often diffusing arguments between patients.
  + Helped volunteers and staff with Dog therapy groups in each unit of the hospital.
  + Assisted staff with the annual summer picnic that included community members, patient and staff family members.

# Teaching Experience

# TEACHING ASSISTANT, (LANGUAGE ARTS, 5TH& 6TH PERIODS) OCTOBER 2013- AUGUST 2014 | SEATTLE JUVENILE DETENTION FACILITY, SEATTLE, WA

* + Edited and reviewed writing assignments
  + Tutored on spelling, grammar and reading comprehension
  + Helped students formulate ideas for creative writing assignments

# Certifications & Trainings

* + Mental Health First Aid, 8 hours, Peninsula College
  + Motivational Interviewing, 24 hours, Peninsula Behavioral Health
  + Cognitive Behavioral Therapy, 24 hours, PESI
  + Family court reporting and testimony, 40hours, CASA of DC

# Professional & Volunteer Affiliations

* + American Psychological Association (APA) Graduate Student Affiliate January 2016 – present
  + Court Appointed Special Advocate (CASA) Washington D.C. 2015-2016